## Marshfield Youth Soccer 2023-2024 Futsal Training Academy

The Futsal Academy is a development training program for players that are looking to improve their skill in a fun and fast paced game. All sesions are lead by experienced Futsal coaches.



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Cost	is \$130.00	Start Time		
1	Sunday, January 7, 2024	8:00 AM	*	*Space will be limited so register
2	Sunday, January 14, 2024	8:00 AM		before the roster is filled**
3	Sunday, January 21, 2024	8:00 AM		before the foster is fined
4	Sunday, January 28, 2024	8:00 AM		
5	Sunday, February 4, 2024	8:00 AM		
6	Sunday, February 11, 2024	8:00 AM		() (
7	Sunday, February 25, 2024	8:00 AM		
8	Sunday, March 3, 2024	8:00 AM		
Older	r Age Groups	1st & 2nd	3rd & 4th	5th & 6th

Older Age Groups		1st & 2nd	3rd & 4th	5th & 6th	
Cost is	\$140.00	<b>Start Time</b>	<b>Start Time</b>	<b>Start Time</b>	
1	Wednesday, January 3, 2024	5:00 PM	6:00 PM	7:00 PM	**Space will be limited
2	Wednesday, January 10, 2024	5:00 PM	6:00 PM	7:00 PM	•
3	Wednesday, January 17, 2024	5:00 PM	6:00 PM	7:00 PM	so register before the
4	Wednesday, January 24, 2024	5:00 PM	6:00 PM	7:00 PM	rosters all fill**
5	Wednesday, January 31, 2024	5:00 PM	6:00 PM	7:00 PM	Registration Link
6	Wednesday, February 7, 2024	5:00 PM	6:00 PM	7:00 PM	https://go.teamsnap.com/forms/
7	Wednesday, February 14, 2024	5:00 PM	6:00 PM	7:00 PM	<u>402203</u>
8	Wednesday, February 28, 2024	5:00 PM	6:00 PM	7:00 PM	Questions???
9	Wednesday, March 6, 2024	5:00 PM	6:00 PM	7:00 PM	coachburns65@gmail.com

## **Futsal Program Benefits**

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Ball Control	Good ball control makes it much more difficult for your opponent to intercept a pass, steal the ball on a fast break, or beat you in a one-on-one matchup. A good soccer player must learn the skills necessary to keep smooth and steady footwork while also avoiding the opponent.		
Tight, one-on-one play	Whether you are on offense or defense, if you find yourself in a one-on-one circumstance with your opponent, you must be able to manage tight encounters efficiantly and effectively. Winning the fight in these instances can be essential for close-game situations.		
Quick Thinking	Soccer is a very fast-paced game. You can have no one around you one moment and suddenly find yourself surrounded the next. Being able to execute in these situations is essential to soccer success. Quick thinking helps to avoid panicking during an important moment.		
Agility	While soccer can involve loads of sprinting up and down a field, close encounters also require sharp agility. You have to move quickly and smoothly to stop attackers, avoid defenders, and get out a tight situation. If you do not have the skills to do this, it does not matter how fast you are. Lateral quickness is just as important as velocity.		

All session to be held at Wolves Den, Oak Street, Pembroke MA Contact: coachburns65@gmail.com